

Time-Traveling Dried Fruit Necklace



Ingredients

1 pineapple
2 bananas
1 bunch of seedless grapes

Tools

1 bamboo skewer
1 2-foot piece of twine or string

Instructions

Remove center rack from the oven. Preheat oven to 225°F.

Trim pineapple top and all of the skin. Turn remaining pineapple on its side and slice into ¼” - ½” rounds. Remove core. If any rounds fall apart, save as chunks.

Peel bananas, then cut in half lengthwise, and then in thirds the other way.

Stem grapes.

Place all of your fruit on the oven rack and bake for about 4 hours. Halfway through, turn pineapple slices and banana pieces. Drying time will vary depending on oven temperature



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(which can vary at such a low temperature.) Your pineapples and bananas will be ready when they are dried-but-still-chewy and slightly browned. The grapes should be done at the same time, though they will come out of the oven plump, and then quickly shrivel.

To make a time-traveling dried fruit necklace, poke holes in your dried fruit with the bamboo skewer, then thread the string through the holes.

Yield: Makes 2 generous necklaces—enough for 4 snack-size servings

Recipe by Bob Blumer, Kitchen Magician. Used with permission.

